



The Worcestershire based English Symphony Orchestra was founded in 1978 by William Boughton. The idea behind the ESO is to share the joys of live music with as wide a population as possible. As well as visiting care homes and hospices, we run a full concert programme featuring performances by the String and Symphony Orchestras and also by chamber ensembles made up of members of the orchestra.

We subsidise regular weekend courses for beginners and intermediate students and increasingly invite students to join us in our concert performances.

Further details: www.eso.co.uk



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MUSIC TO LIFT THE SPIRIT

ENGLISH SYMPHONY
ORCHESTRA ENSEMBLES
IN CONCERT AT CROOME COURT

Featuring
THE ESO STRING & WIND QUARTETS
and
DOWNSIDE UP



By kind invitation of the **National Trust**

The Making of this DVD

This DVD has been produced for people who, for whatever reason, are no longer able to access live music. The idea of bringing live classical music into care homes and hospices was initiated in 2007 by cellist Corinne Frost who, along with other ESO musicians, was aware that live music was hugely beneficial to people who didn't otherwise have access to musical stimulation in their daily lives.

The first time I attended an ESO Care Home Concert, I was incredibly moved by the inspirational interaction between the musicians and the residents. It was clear to me that the musicians touched the souls of vulnerable people in a very special way. I thought then that if we were to pre-record these concerts, we could offer DVDs to each home we visit, thereby extending indefinitely the experience and memory of the concert.

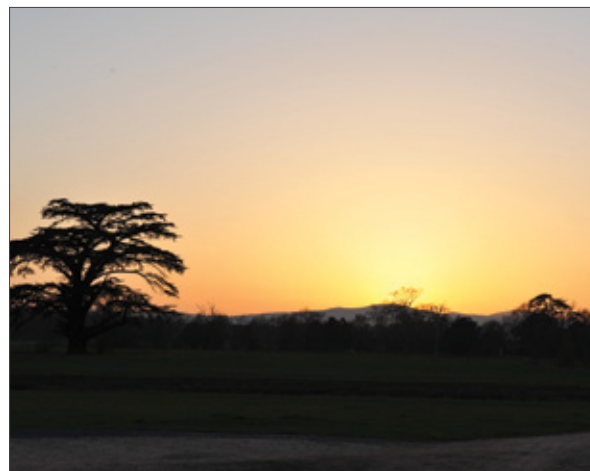
Dementia support professionals and practitioners in particular have given us overwhelming confirmation that such a resource will be invaluable. One nursing home owner said *"The work of the ESO and those promoting this DVD should be recognised as an essential and ground breaking development in improving the quality of care and life experience of our residents."*

The ESO musicians are all passionate about performing in care homes. Commenting after the concerts, Stephen Warner who plays double bass and guitar in Downside Up remarked *"We give lots of concerts yet I think our performances in care homes are the only situations where we genuinely make a difference to somebody's life."*

In the course of raising funds to make this DVD, we have been extremely touched by the compassion and support of so many people. Care sector organisations, companies and individuals have responded to our appeal with tremendous generosity and enthusiasm. However, in order to increase the number of our concerts in care homes and hospices, we need to continue fundraising. Details of how to support this valuable work appear later in this booklet.

We hope that this project will continue to grow and evolve, enabling us to take more concerts into care homes and hospices, complemented by the DVD, and that we will be able to continue to make a contribution to the quality of life of some of the most vulnerable people in our society.

Mary Stevens



Programme

Opening and closing title music

Loewe *I Could Have Danced All Night* from 'My Fair Lady'
(played by the ESO String Quartet)

The ESO String Quartet

Mozart *Eine Kleine Nachtmusik* - 1st movement

Elgar *Salut d'Amour*

Hérold *Clog Dance* from 'La Fille Mal Gardée'

Tchaikovsky *Danse des Mirlitons* from 'The Nutcracker'

Leroy Anderson *The Typewriter*

JS Bach *Arioso* from *Cantata No. 156*

Johnston *Pennies from Heaven*

Brahms *Hungarian Dance No.5*

Leroy Anderson *Forgotten Dreams*

Traditional *English Country Gardens*

Downside Up

Walter Donaldson *My Baby Just Cares For Me*

JS Bach/Gounod *Ave Maria*

Rodgers *My Favourite Things* from 'The Sound of Music'

Elgar *Duett for trombone and double bass*
(played on cello and double bass)

Myers *Cavatina*

Gershwin *Let's Call the Whole Thing Off*

The ESO Wind Quartet

Elgar *Chanson de Matin*

JS Bach *Air* from *Orchestral Suite No.3 in D major*

Vivaldi *Allegro non molto* from *Concerto in G minor*

Mozart *Divertimento No.3 - 1st movement*

Debussy *Golliwog's Cake Walk*

Richard Rodney Bennett *Travel Notes 2:*
In an air-balloon; In a bath-chair; Car-chase

Arden-Taylor Bach *Goes to Sea*

Traditional *Danny Boy*

Cole Porter *Anything Goes*

Haydn Wood *Roses of Picardy*

English Symphony Orchestra Ensembles

The ESO String Quartet

First Violin George Ewart

Second Violin Eleanor Cooke

Viola Helen Roberts

Cello Corinne Frost

Downside Up

Cello Corinne Frost

Double Bass Stephen Warner

& Guitar

The ESO Wind Quartet

Flute Catherine Handley

Oboe Graeme Adams

Clarinet Julia Holmes

Bassoon Keith Rubach



George Ewart - *First Violin*

George started playing the violin at the age of seven. In 1972 he studied with Bela Katona at Trinity College of Music after which he joined the Orchestra of the Royal Opera House.

In 1983 George won first prize in the Sascha Lasserson International Violin Competition since when he has pursued a career as soloist, performing a wide-ranging repertoire of concerti and chamber music as well as appearing as soloist at the South Bank and the Wigmore Hall.

George is a freelance orchestral player and is currently principal violin with the English Symphony Orchestra and leader of the ESO String Quartet. He also leads the Cheltenham Chamber Orchestra, is a respected teacher and has a well established teaching practice based in Herefordshire.



Eleanor Cooke - *Second Violin*

Eleanor studied violin and string quartet playing with Sidney Griller at the Royal Academy of Music, winning many prizes including all the String Quartet prizes and the prestigious Hovis Prize for outstanding violin

playing. She then joined the Orchestra of the Royal Opera House and subsequently the CBSO during the years with Sir Simon Rattle.

A founder member of the English Symphony Orchestra, she now leads the New Birmingham String Quartet which performs at the CBSO Chamber Music series and various music festivals.

As well as teaching, Eleanor also performs regularly with other orchestras in the Midlands including the English Symphony Orchestra, Orchestra of the Swan, Orchestra da Camera, Darwin Ensemble Chamber Orchestra and English Pro Musica.



Helen Roberts - *Viola*

Helen was born in Newport, South Wales and studied viola with Walter Gerhardt. She joined the BBC Training Orchestra in Bristol and was offered her first post with the CBSO at the age of nineteen. She then became principal viola of the BBC Midland Radio Orchestra and founding principal viola of the newly formed English Symphony Orchestra in 1980.

Her busy career has taken her to Europe and the USA with Yehudi Menuhin, to Japan with the BBC National Orchestra of Wales and, as violist with the Bochmann String Quartet, to many international chamber music festivals. Helen has given frequent solo performances, including Mozart's *Sinfonia Concertante*, Schnittke's *Monologue*, Berlioz's *Harold in Italy* and Britten's *Lachrymae*.



Corinne Frost - *Cello*

After studying at the Royal Academy of Music with Dame Florence Hooton, Corinne went on to study with Pierre Fournier. Recitals at the Wigmore Hall and Purcell Room followed and in 1979 Corinne joined the Philharmonia Orchestra, before coming to Worcestershire as co-principal cellist of the English Symphony Orchestra in 1993. Corinne is currently an associate member of the CBSO and loves teaching to all ages. As well as being an active soloist, ensemble and orchestral player, Corinne is passionate about bringing live music to people in care homes and hospices and, since initiating the ESO Care Homes and Hospices programme in 2007, she gains as much pleasure from performing in a care home as she does from performing in Symphony Hall.



Stephen Warner - *Double Bass and Guitar*

After graduating from the Royal Academy of Music where he studied double bass and guitar, Stephen began his career working in Andrew Lloyd-Webber's

musical, 'Aspects of Love'. This led to an association with London's West End which continues to this day.

Stephen, however, is equally at home with the classical repertoire. He is principal bass with the English Symphony Orchestra and works regularly with the BBC Concert Orchestra. He also plays with many other professional session orchestras and his work over the years has enabled him to work with many world renowned artists including Shirley Bassey and Nigel Kennedy.



Catherine Handley - *Flute*

Born in Harrogate, Catherine has had a life-long relationship with music. She studied the flute with Gareth Morris at the Royal Academy of Music and completed her studies at the National Centre for

Orchestral Studies. Catherine has been co-principal flautist with the English Symphony Orchestra since 2006.

Her career now spans 25 years and she feels as privileged as ever to see the effect of music through taking projects to preschool and primary children, to teaching teenagers, performing to general audiences and to taking music into care homes and hospitals.

Catherine is a freelance musician combining orchestral playing with chamber music recitals, including flute and harp duos and wind quintets, which have taken her all over the UK and Ireland.

Her work with the charity Music in Hospitals is nationwide.



Graeme Adams - *Oboe*

Graeme studied the oboe with Janet Baldwin, Janet Craxton and Celia Nicklin at the London College of Music and the National Centre for Orchestral Studies.

Since then he has pursued a busy freelance

career and works with many orchestras and ensembles including Welsh National Opera, D'Oyly Carte Opera, Mid Wales Opera, English Touring Opera, the English Symphony Orchestra, which he joined in 2007, and the Bristol Ensemble.

Graeme has broadcast many times on radio and television and has toured extensively in this country and abroad.

He is oboe tutor at Marlborough College, Malvern College and Hereford Cathedral School and, when not searching for the perfect reed, can often be found cheering on his local football team Cheltenham Town.



Julia Holmes - *Clarinet*

Julia studied at the Royal College of Music with John McCaw. A South East Arts Association Young Musician prize-winner in 1979, she performed regularly as a soloist and worked for 15 years as a freelance

clarinet player in London before moving to Somerset in 1995.

Nowadays Julia's career embraces opera, chamber and orchestral music. As principal clarinet with Opera Project and Opera A La Carte, she travels extensively and, as a chamber musician, she plays with Catherine Handley and others in a wind quintet, 'Harmoniemusik'. She also appears regularly with orchestras in Wales and the South West. A relatively new member of the English Symphony Orchestra, Julia teaches privately and in schools and has been involved in musical education workshops with the ESO.



Keith Rubach - *Bassoon*

Keith is a founder member and principal bassoon with the English Symphony Orchestra. He is also principal bassoon with Orchestra da Camera. In a long and varied career Keith has played with many

other organisations including the BBC Scottish Orchestra, the Welsh Symphony Orchestra, the CBSO and the New Zealand Symphony Orchestra.

Education and coaching have featured strongly throughout Keith's career. He taught at Keele University in the 1970's and later during the 1980's and 1990's at the Birmingham Conservatoire and Nottingham University. Throughout this time Keith has been involved in numerous recordings, film and television work and he feels privileged to have worked with some of the finest musicians in the world.

Paul Arden-Taylor - *Sound*

Paul is a founder member and principal oboe with the English Symphony Orchestra. He has established a successful and parallel career as a Sound Recording Engineer and we were delighted that he was able to be with us at Croome Court.

With grateful thanks to the University of Birmingham Media Centre for camera loan.

Supporters

The ESO acknowledges with thanks the following organisations, trusts and individuals who have so kindly supported them, both with the production of this DVD and with the ongoing visits by ESO musicians to Care Homes and Hospices.

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Sound

Paul Arden-Taylor

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John Moorcroft

Benedict Reeves

Production Assistant

Jonathan Yates

Dementia Consultant

Professor Graham Stokes

Flowers

Jennie Brown

Jane Hulse

Sue Lloyd

Angela Morris

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Alison King

Video Production

James French

Producer

Mary Stevens

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ESO (2006) Ltd, Unit 19 Stockwood Business Park,
Stockwood, Worcestershire, B96 6SX

Tel: **01386 791021** Email: **info@eso.co.uk**

Website: **www.eso.co.uk**

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